

Finding financial assistance and resources can help you with energy and housing expenses. If you are looking for financial assistance, the topics below provide information on community support assistance, and energy and housing assistance services.



[View PDF](#)

Article

[Extreme Heat and Your Health](#)

Take steps to protect yourself from extreme heat. Extreme heat is defined as summertime temperatures that are much hotter and/or humid than average.

Source

[Centers for Disease Control \(CDC\)](#)

Article

[VDSS Accepting Fuel Assistance Applications](#)

The Virginia Department of Social Services (VDSS) is currently accepting

Source

[Virginia Department of Social Services](#)

Links

PAN Foundation - Healthcare Financial Assistance

Source

[PAN Foundation - Healthcare Financial Assistance](#)

Links

Frontdoor - National Fair Housing Alliance

Source

[Frontdoor - National Fair Housing Alliance](#)

Article

Truist: Money and Mindset

Truist provides tips and tools to help you address your money management goals.

Source

[Truist](#)

Links

AARP: Rent and Mortgage Assistance Resource Center

Source

[AARP: Rent and Mortgage Assistance Resource Center](#)

Article

CommonHelp...helping those in need

CommonHelp is a quick and easy resource for people who live in Virginia to check the status of their benefits, report changes to their status, and find out if they may be eligible to receive the following. Learn more...

Source

[Virginia CommonHelp](#)

Books & Guides

[A Quick Guide to Using CommonHelp](#)

A [Quick Guide to Using CommonHelp](#) provides information on Virginia's fast and easy way to apply online for many social services assistance programs.

Source

[Virginia Department of Social Services](#)

Links

[Virginia CommonHelp](#)

Source

[Virginia CommonHelp](#)

Article

[The VirginiaNavigator Guide: What to Do in a Financial Emergency](#)

VirginiaNavigator can help connect you to resources during a financial emergency.

Source

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