

Get the facts about alcohol use and older adults. There are many considerations and issues related to alcohol use including interactions between alcohol and medications and alcohol abuse and addiction.

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[Drug Topics from the National Institute on Drug Abuse](#)

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## **Older Adults and Alcohol**

Older adults can experience a variety of problems from drinking alcohol including increased sensitivity to alcohol, health problems, and medication interactions.

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[National Institute on Alcohol Abuse and Alcoholism](#)

Books & Guides

## **Learn Alcohol Basics: Information for Older Adults**

[Learn Alcohol Basics](#) provides information on how to enhance your health and safety as you age.

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[Virginia Department of Alcoholic Beverage Control](#)

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## **How to Talk to an Older Adult Who Has a Problem with Alcohol or Medications**

Some older adults struggle with alcohol abuse, some with overuse of prescription medications, and some with both.

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