#### **Home Health Care**

Community home health care services offer coordinated long-term care in your home. Services can include nursing and medical assistance such as health monitoring, case management, medication management, nutrition, rehabilitation therapies, and other needed medical care. Some home health care services are covered by the Home and Community-Based Services (HCBS) Waiver.

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Article

### 10 Tips for Finding the Right Home Care Agency

If you are pursing home care options for your family, explore these 10 valuable tips for making informed decisions when it comes to finding the perfect home care agency for your loved ones.

Source

Today's Caregiver

Videos

### **Aging in the Health Care System**

The Aging in the Health Care System video explores the challenges people face with the health care system as they get older. Learn how you get get the most out of your medical care.

Source

WebMD

**Apps** 

**CareLinx: Senior In-Home Care** 

CareLink connects families with safe, reliable, and affordable in-home caregivers for seniors.

Source

CareLinx: Senior In-Home Care

Article

# **Age in Action: Care Transitions - Empowering Older Adults with Post-Hospital Interventions**

This Age in Action newsletter explores the importance of planning for hospital care transitions.

Source

Virginia Center on Aging

Links

### **Virginia Department of Health (VDH)**

Source

Virginia Department of Health (VDH)

**Books & Guides** 

#### The Caregiver's Resource Library

<u>The Caregiver's Resource Library</u> from AgingCare.com is an essential resource for all caregivers.

Source

AgingCare.com

Links

# Virginia Association for Home Care and Hospice (VAHC)

Source

### What is In-Home Care?

This informational article explains what In-Home Care is.

Source

Mark Sheets, Owner-Comfort Keepers, Richmond Links

# Virginia Department of Social Services (VDSS): Medical Assistance Programs

Source

<u>Virginia Department of Social Services (VDSS): Medical Assistance Programs</u>
<u>Links</u>

# Medicare.gov: Care Compare Tool for Finding Health Care Providers

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Medicare.gov: Care Compare Tool for Finding Health Care Providers

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