

## **In-Home Assistance**

Programs that provide assistance in performing routine household, yard and/or community activities for older adults and people with disabilities, or others who need or want these services. Some of these services may include meal preparation, light housekeeping, errand running, grocery shopping, or transportation to appointments. The objective of in-home assistance is to help the recipient sustain independent living in a clean, safe and healthy environment.

Article

## **10 Tips For Finding The Right Home Care Agency**

If you are pursuing home care options for your family, explore these 10 valuable tips for making informed decisions when it comes to finding the perfect home care agency for your loved ones.

Source

[Today's Caregiver](#)

Links

## **CDC Complete Care Plan Form**

Source

[CDC Complete Care Plan Form](#)

Links

## **AARP Home Alone Alliance**

Source

[AARP Home Alone Alliance](#)

Apps

## **CareLinx: Senior In-Home Care**

CareLink connects families with safe, reliable, and affordable in-home caregivers for seniors.

Source

[CareLink: Senior In-Home Care](#)

Links

## **National Aging in Place Council (NAIPC)**

Source

[National Aging in Place Council \(NAIPC\)](#)

Article

## **Homemaker, Chore and Companion Services**

Homemaker, Chore and Companion services take place in your home and may help you provide care for your loved one.

Source

[Virginia Department for Aging and Rehabilitative Services](#)

Article

## **What is In-Home Care?**

This informational article explains what In-Home Care is.

Source

[Mark Sheets, Owner-Comfort Keepers, Richmond](#)

Links

## **Aging in Place Initiative: Creating Livable Communities for All Ages**

Source

[Aging in Place Initiative: Creating Livable Communities for All Ages](#)

Article

## **Personal Care and Personal Assistance Services**

Would you like more information about what personal care and personal assistance services are? This article provides a detailed overview of these services.

Source

[Virginia Department for Aging and Rehabilitative Services](#)

Article

## **Hiring In-Home Help**

This informative article from the Family Caregiver Alliance, provides an overview of aspects to consider when hiring people to help at home.

Source

[Family Caregiver Alliance](#)

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