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## Caregiver's Support Group

Date and Time

Monthly on the second Thursday 4:00 to 5:00pm

Upcoming

- Thursday 4/10/2025 4:00 to 5:00pm
- Thursday 5/8/2025 4:00 to 5:00pm
- Thursday 6/12/2025 4:00 to 5:00pm
- Thursday 7/10/2025 4:00 to 5:00pm
- Thursday 8/14/2025 4:00 to 5:00pm
- Thursday 9/11/2025 4:00 to 5:00pm
- Thursday 10/9/2025 4:00 to 5:00pm
- Thursday 11/13/2025 4:00 to 5:00pm
- Thursday 12/11/2025 4:00 to 5:00pm
- Thursday 1/8/2026 4:00 to 5:00pm
- Thursday 2/12/2026 4:00 to 5:00pm
- Thursday 3/12/2026 4:00 to 5:00pm

Monthly on the fourth Thursday 4:00 to 5:00pm

Upcoming

- Thursday 4/24/2025 4:00 to 5:00pm
- Thursday 5/22/2025 4:00 to 5:00pm
- Thursday 6/26/2025 4:00 to 5:00pm
- Thursday 7/24/2025 4:00 to 5:00pm
- Thursday 8/28/2025 4:00 to 5:00pm
- Thursday 9/25/2025 4:00 to 5:00pm
- Thursday 10/23/2025 4:00 to 5:00pm
- Thursday 11/27/2025 4:00 to 5:00pm
- Thursday 12/25/2025 4:00 to 5:00pm
- Thursday 1/22/2026 4:00 to 5:00pm
- Thursday 2/26/2026 4:00 to 5:00pm

Event Region

Richmond Area

Event Type

Support group

RSVP Info

Please contact Darius Bradshaw at 804-871-0229 or email

Caregiversupport@youraaa.org

Event Cost

\$0.00

Event Description

Image

# Caregiver's Support Group

## ARE YOU CARING FOR AN OLDER ADULT?

WHETHER IT BE A SPOUSE, PARENT OR A FRIEND, YOUR ROLE IS INVALUABLE. JOIN OUR CAREGIVER SUPPORT GROUP, TO CONNECT WITH OTHERS FACING THE CHALLENGES AND JOYS OF PROVIDING CARE TO A LOVED ONE. YOU ARE NOT ON THIS JOURNEY ALONE!



2nd and 4th Thursdays  
of each month

4:00 PM - 5:00 PM

### WHEN?

- 2nd (in person) and 4th (virtual) Thursdays of each month from 4:00 PM to 5:00 PM
- One session per month will be in-person at The Span Center

1300 Semmes Ave. Richmond, VA 23224

- The other session will be online via Zoom

### WHY ATTEND?

This is your space to share experiences, connect with others, and find the support you need.

### FOR MORE INFO

Please contact Darius Bradshaw  
at 804-871-0229 or email  
Caregiversupport@youraaa.org

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