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## [Age-Related Hearing Loss: NIDCD Fact Sheet](#)

This [fact sheet](#) from the National Institute on Deafness and Other Communication Disorders (NIDCD) provides information on age-related hearing loss:

- What is age-related hearing loss?
- How do we hear?
- How do we lose our hearing as we get older?
- Can I prevent age-related hearing loss?
- What should I do if I have trouble hearing?
- How can I tell if I have a hearing problem?
- What treatments and devices can help?
- Can my friends and family help me?
- What research is being done?
- Where can I find additional information about age-related hearing loss/

The NIDCD maintains a directory of organizations that provide information on the normal and disordered processes of hearing, balance, taste, smell, voice, speech, and language. Visit the NIDCD website at [www.nidcd.nih.gov/directory](http://www.nidcd.nih.gov/directory) to search the directory.

Visit the NIDCD website at [www.nidcd.nih.gov](http://www.nidcd.nih.gov) to read, print, or download facts sheets.

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National Institute on Deafness and Other Communication Disorders

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