[Drop-In Programs, Free](#)

Age Requirements

18 and over

Family

Yes

Intake Process

Visit the website for information, call the office. You can walk in, no registration is required. Be sure to confirm the time and day of the class you want to attend.

Provider Refer

Yes

Report Problems

Call the Agency

Self Refer

Yes

The Innerwork Center

https://innerworkcenter.org/

https://www.facebook.com/innerworkcenter/

Main

(804) 359-0384

213 Roseneath Road

23221 VA

United States

Monday: 9:00 am-8:00 pm

Tuesday: 9:00 am-8:00 pm

Wednesday: 9:00 am-8:00 pm

Thursday: 9:00 am-8:00 pm

Friday: 9:00 am-8:00 pm

Saturday: 9:00 am-8:00 pm

Sunday: Closed

Fee Structure

Suggested Donation

Languages Spoken

English

The Innerwork Center offers free drop-in programs at the Center. There is no need to register. Programs are currently being offered either in person or via Zoom online. Visit Programs for a current list of Drop-in classes

Visit the website for the day of the week and time. A donation of $10 per class is suggested.

Service Area(s)
Chesterfield County
,
Colonial Heights City
,
Goochland County
,
Hanover County
,
Henrico County
,
Hopewell City
,
King William County
,
Petersburg City
,
Powhatan County
,
Richmond City
Email
hello@innerworkcenter.org