

# Saber Healthcare, Colonial Health and Rehab, Nursing Home

Age Requirements

18 and over

Available 24/7

Yes

Family

No

Intake Process

Visit the website; call the office

Provider Refer

Yes

Qualifications

Qualification Type

Certification

Qualification Entity

Medicare

Qualification Type

Certification

Qualification Entity

Medicaid

Qualification Type

Licensure

Qualification Entity

Virginia Department of Health

Qualification Number

49-5392

Report Problems

Call the Agency

Self Refer

Yes

Saber Healthcare, Colonial Health and Rehab

<https://www.saberhealth.com/locations/colonial-health-and-rehab>

<https://www.facebook.com/ColonialHealthandRehab/>

<https://twitter.com/sentarahealth>

Main

(757) 496-7100

Toll-Free

(800) 736-8272

1604 Old Donation Parkway

23454 VA

United States

Fee Structure

Fixed Fee

Payment Method(s)

Private Pay

,

Private Insurance

,

Medicaid

,

Medicare

Languages Spoken

English

Sentara Nursing Center, Windemere, provides skilled nursing care, all inclusive pricing and an exclusive list of amenities. Specialized services offered include: one call patient placement; on site physical, speech and occupational therapists; on site lab and x-ray services; at home skilled care link with Sentara Home Health; in house physicians and gerontological nurse practitioners; and shorter term rehabilitation including physiatrist care, and physical, speech and occupational health therapy. Visiting hours are generally between mid-morning and early evening; however, family members, clergy and friends are always welcome and are encouraged to visit whenever and as often as possible.

Facility features include:

- Board-certified physicians and specialty trained nurse practitioners available 24 hours a day;
- 30 skilled nursing beds offering specialized, acute care and individual attention;

- Partnerships with community caregivers to provide respite care from three days up to two weeks, reducing "caregiver stress;"
- Hospice care, in conjunction with Sentara Hospice Services;
- Dining and meal preparation services offered on-site, as well as weekly buffets and a family dietitian to plan special meals to meet individual dietary needs;
- On-site dental and podiatry services.

Service Area(s)

Suffolk City

,

Virginia Beach City