

## **Outpatient Therapy, LifeBridge Counseling**

Age Requirements

No Age Requirement

Family

Yes

Intake Contact Email

info@interceptyouth.com

Intake Process

Visit the website for general information; call or email the office.

Provider Refer

Yes

Self Refer

Yes

Intercept

<http://www.interceptyouth.com>

<http://www.interceptyouth.com/outpatient-therapy/>

Main

(804) 440-3700

5511 Staples Mill Road # 102

23228 VA

United States

Fee Structure

Fee Range

Payment Method(s)

Private Pay

Languages Spoken

English

LifeBridge Counseling was established to offer a variety of therapeutic interventions by licensed and skilled providers of mental health and substance abuse services. We provide a warm, welcoming environment where members of our community can receive confidential, quality, client-centered therapeutic services to meet the many numerous emotional and behavioral struggles they may face. We work closely with

referral sources and other providers to allow for the most comprehensive and valuable service provision.

Our providers specialize in working with people of all ages by providing specific, individualized treatment services that are evidence-based, guided by research, and driven by the goal of positive health and well-being.

Types of counseling available are individual counseling; couples and marital counseling; and family counseling. Specialized services available include play-based therapies; psychosexual evaluations and treatment; trauma-focused cognitive behavioral therapy; substance abuse evaluations and treatment and applied behavioral analysis (ABA) therapy.

Please call for information and locations.

Service Area(s)

Statewide

Email

[info@interceptyouth.com](mailto:info@interceptyouth.com)