

## **Senior Adult Mental Health Services**

Age Requirements

56-60

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60+

Available 24/7

No

Documents Required

Call for details

Family

No

Intake Process

Call for information.

Provider Refer

Yes

Self Refer

Yes

Arlington Aging and Disability Services

<https://www.arlingtonva.us/Government/Departments/DHS/Aging-Disability>

Main

(703) 228-1700

TTY/TTD

(703) 228-1788

2100 Washington Boulevard, 4th Floor

22204 VA

United States

Monday: 8:00 am-5:00 pm

Tuesday: 8:00 am-5:00 pm

Wednesday: 8:00 am-5:00 pm

Thursday: 8:00 am-5:00 pm

Friday: 8:00 am-5:00 pm

Saturday: Closed

Sunday: Closed

Languages Spoken

English

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Spanish

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Language Line available

Persons 60 years of age and older receive the services of a multidisciplinary team - psychiatrists, mental health social workers, a counselor, and a psychiatric nurse. These professionals are trained to assess and treat the special mental health problems of seniors.

Services include comprehensive assessments, medication services, individual, group and family counseling, case coordination, consultation with other care providers, and support to family members.

Home based services are available.

Service Area(s)

Arlington County

Email

[arlaaa@arlingtonva.us](mailto:arlaaa@arlingtonva.us)