

## Personal Care and Homemaking Services

Age Requirements

0-5

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6-12

,

13-21

,

22-55

,

56-60

,

60+

Available 24/7

No

Other Eligibility Criteria

Services are available to residents of Northern and part of Central Virginia

Family

No

Intake Contact

General Staff

Intake Contact Email

info@secares.com

Intake Process

Call the office, make an appointment, complete application; needs assessment done; plan of care is determined.

Provider Refer

Yes

Self Refer

Yes

Serenity Home Healthcare, LLC

<http://secares.com>

Main

(703) 763-0484

3146 Golansky Boulevard  
Suite 201  
22192 VA  
United States

#### Additional Availability Comments

On-call 24/7

Fee Structure

Call for Information

Payment Method(s)

Private Insurance

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Medicaid

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Private Pay

Languages Spoken

English

Serenity Home Health Care offers personal care services. Personal care services include but is not limited to:

- assisting with grooming needs such as hair care, shaving, tub baths, showers, sponge baths, bed baths and personal hygiene;
- assisting with dressing and undressing;
- assisting with mobilization activities including turning, transferring, exercising and walking; assisting with toilet and/or commode needs;
- assisting with eating or feeding;
- assisting with self-administered medications by reminding client to take the medication at the prescribed time;
- monitoring vital signs and more.

Services can be hourly, weekly, monthly, 24 hours per day, or live-in. Live in can be short term or long term.

Homemaking services include but are not limited to:

- light housekeeping;
- monitoring regular diet plans;
- transporting clients to social appointments;
- providing respite care;
- caring companionship;
- errands and shopping;
- meal preparation and more.

Service Area(s)

Alexandria City

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Arlington County

,

Fairfax City

,

Fairfax County

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Falls Church City

,

Fauquier County

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Loudoun County

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Manassas City

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Manassas Park City

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Prince William County