## **Congregate Meals, Warren County Senior Center**

Age Requirements 60+ Available 24/7 No Family No Intake Contact Misty Alger Intake Contact Email warrensc@seniorsfirst.info **Intake Process** Call the office for more information Provider Refer Yes Self Refer Yes Seniors First, The Shenandoah Area Agency on Aging https://seniorsfirst.info/ Main (540) 635-8652 1217 Commonwealth Avenue 22630 VA **United States** Monday: Closed Tuesday: 9:30 am-1:00 pm Wednesday: 9:30 am-1:00 pm Thursday: 9:30 am-1:00 pm Friday: 9:30 am-1:00 pm Saturday: Closed Sunday: Closed Fee Structure Call for Information Languages Spoken

## English

Congregate meals served four days a week, Tuesdays through Fridays. In some cases, transportation will be provided to and from the Senior Center. The Senior Center provides nutritious meals and fellowship, programs including health screenings, nutritional education, musical programs, information available community programs for the elderly, programs on fraud and elderly abuse, and other issues of interest to seniors.

Service Area(s) Warren County Email info@seniorsfirst.info