

## Insurance Counseling | VICAP

Age Requirements

60+

Available 24/7

No

Documents Required

Call for details

Other Eligibility Criteria

Must be a resident of Virginia and 60 years or older, or disabled

Family

No

Intake Contact

Dianne Hall

Intake Contact Email

info@esaaacaa.org

Intake Process

Telephone referral, intake by appointment Monday and Friday 9:00-4:30AM.

Intake Contact Telephone

(757) 442-9652

Provider Refer

Yes

Report Problems

Call the Agency

Self Refer

Yes

Eastern Shore Area Agency on Aging, Community Action Agency

<https://www.esaaa-caa.net/>

<https://www.facebook.com/ESAAA.CAA/>

<https://twitter.com/esaaa757>

Main

(804) 758-2386

Toll-Free

(866) 758-2386

5432 Bayside Rd  
23350 VA  
United States

Monday: 8:30 am-4:30 pm  
Tuesday: 8:30 am-4:30 pm  
Wednesday: 8:30 am-4:30 pm  
Thursday: 8:30 am-4:30 pm  
Friday: 8:30 am-4:30 pm  
Saturday: Closed  
Sunday: Closed

Fee Structure  
Suggested Donation  
Languages Spoken  
English

Virginia Insurance Counseling and Assistance Program (VICAP) is a free counseling program for individuals age 60 and older and their families. VICAP helps them to understand Medicare, Medicaid and medical bills. Assistance in deciding about Medicare Supplement Insurance or Medigap and/or Long Term Care insurance is also provided. Counseling can be provided by telephone or in person.

Service Area(s)  
Accomack County  
,  
Northampton County  
Email  
[info@esaaacaa.org](mailto:info@esaaacaa.org)