

## Early Stage Memory Care Programs

Age Requirements

18 and over

Available 24/7

No

Other Eligibility Criteria

Persons with MCI or early-stage dementia.

Family

No

Intake Contact Email

imcc@insightmcc.org

Intake Process

Must pre-register. Call for more information

Intake Contact Telephone

(703) 204-4664

Provider Refer

Yes

Report Problems

Call the Agency

Self Refer

Yes

Insight Memory Care Center

<http://www.insightmcc.org/>

<https://www.insightmcc.org/programs/early-stage-memory-care/>

<https://www.facebook.com/InsightMCC/>

Main

(703) 204-4664

2812 Old Lee Highway

Suite 210

22031 VA

United States

Monday: 7:30 am-5:30 pm

Tuesday: 7:30 am-5:30 pm

Wednesday: 7:30 am-5:30 pm

Thursday: 7:30 am-5:30 pm

Friday: 7:30 am-5:30 pm

Saturday: Closed

Sunday: Closed

Fee Structure

Call for Information

Payment Method(s)

Private Pay

Languages Spoken

English

Insight Memory Care Center (IMCC) offers programs to assist individuals with memory loss and their families throughout the entire journey. The trained and compassionate professionals at IMCC will guide you through the first steps and help you have the best quality of life possible as you and your family live with memory loss or dementia.

When you receive a diagnosis of Mild Cognitive Impairment, Alzheimer's, or dementia, it's overwhelming, to say the least. You're probably asking some form of "now what?" "Where do I go from here?" Or "how can I help my family with this?" First know, you are not alone! Insight Memory Care Center assists individuals with memory loss and their families from the beginning and throughout the entire journey. We can guide you through the first steps and help you have the best quality of life possible as you and your family live with memory loss or dementia.

For those in the early stages, we offer the [Reconnections program](#) for individuals to attend and the [Mind and Body Workshop](#), and the [Memory Cafe](#) for caregivers and their loved ones to attend together.

Reconnections is offered Monday through Friday, at various locations, both in-person and virtually. Participants can attend from one to five days a week, based on their preferred schedule. Visit the website to learn more about the early-stage program.

Service Area(s)

Alexandria City

,

Arlington County

,

Fairfax City

,

Fairfax County

,

Falls Church City

,

Loudoun County

,

Manassas City

,

Manassas Park City

,

Prince William County

Email

[imcc@insightmcc.org](mailto:imcc@insightmcc.org)