### **Managing Your Finances**

Managing your finances ensures that you can meet your financial obligations and needs now and in the future. Learn more by exploring the topics below. Find information on community services and financial resources for you and your family.



View PDF Article

### **What You Can Do to Prevent Caregiver Fraud**

Expert tips on hiring home care wisely and protecting loved ones from financial abuse.

Source

**AARP** 

Article

## **Technology Tools to Help Guard Against Elder Financial Abuse**

Be aware of the risk of financial exploitation for older adults and learn about technology tools to help. AARP identifies websites and companies that can help you flag suspicious behavior and put up financial guardrails to protect your assets. Source

AARP

Links

## Fintech Financial Resources from AARP Foundation and Chase

Source

<u>Fintech Financial Resources from AARP Foundation and Chase</u>
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#### **AARP Foundation: Financial Health**

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AARP Foundation: Financial Health

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# **Truist Money and Mindset: Resources and Podcasts**

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Truist Money and Mindset: Resources and Podcasts

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### Federal Trade Commission (FTC): Consumer Information - Reverse Mortgages

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Federal Trade Commission (FTC): Consumer Information - Reverse Mortgages
Books & Guides

# Savings Fitness: A Guide to Your Money and Your Financial Future

<u>Savings Fitness: A Guide to Your Money and Your Financial Future</u> starts you on the way to setting goals and putting your retirement high on the list of personal priorities.

Source

U.S. Department of Labor

Article

#### **Senior Safe Act Law Targets Elder Financial Abuse**

This article explains the Senior Safe Act that enlists financial institutions as allies in preventing the financial abuse of older adults.

Source

**AARP** 

Article

### **Spot the Red Flags of Elder Financial Abuse**

Elder financial abuse can take many forms. These are some signs that there may be a problem.

Source

AARP

Article

### **Understanding Elder Abuse**

This fact sheet provides a basic overview of elder abuse.

Source

#### Centers for Disease Control (CDC)

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