

## **Home Delivered Meals**

Meals for homebound persons sometimes called "meals on wheels". Also includes meal kit, prepared meal and restaurant delivery services.

Links

## **AARP Home Alone Alliance**

Source

[AARP Home Alone Alliance](#)

Links

## **Best Practices for Livable Communities from USAging**

Source

[Best Practices for Livable Communities from USAging](#)

Article

## **Senior Nutrition for Good Health**

Nutritional needs change as we age. This article from Senior Connections includes practical tips for preparing tasty, nutritious, and quick meals.

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