#### **Life Plan Community (formerly known as CCRC)**

Residences that provide housing for older adults requiring various levels of care. Independent living, assisted living, and healthcare are available to residents. Life Plan Communities were formerly known as Continuing Care Retirement Communities (CCRCs).

Article

## **Virginia Assisted Living Finder**

Need help understanding and simplifying assisted living options? There's an array of senior living options across Virginia that cater to different needs. The Virginia Assisted Living Finder includes housing resources and FAQS on housing topics to help guide you and your family.

Source

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Article

## **Virginia Senior Housing Finder**

Need help understanding and simplifying senior housing? There's an array of senior living options across Virginia that cater to different needs. The Virginia Senior Housing Finder includes housing resources and FAQS on housing topics to help guide you and your family.

Source

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# **How Continuing Care Retirement Communities Work**

Continuing care retirement communities, also known as CCRCs or life plan communities, are a long-term care option for older people who want to stay in the same place through different phases of the aging process.

Source AARP

Article

# 11 Housing Options for Older Adults Who Need a Little - or More - Help

Housing ranks among the biggest monthly expenses, but few older adults consider the most appropriate home settings for their needs.

Source

AARP

Links

# **Age and Ability Inclusion Toolkit for Senior Living**

Source

Age and Ability Inclusion Toolkit for Senior Living

Article

# How to Stay Connected with a Loved One in Long-Term Care

How to stay close and connected with a loved one in long-term care.

Source

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**Books & Guides** 

### **Housing Options for Older Adults**

<u>Housing Options for Older Adults</u> is a resource guide for making housing decisions as you grow older.

Source

National Association of Area Agencies on Aging

Links

# Virginia Department of Social Services: Search for an Assisted Living Facility

Source

Virginia Department of Social Services: Search for an Assisted Living Facility
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## **LeadingAge Virginia**

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## **Eldercare Locator**

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**Eldercare Locator** 

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