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## Art and Care

Date and Time Monthly on the first Thursday at 2:00pm for 8 times Upcoming

- Thursday 6/6/2024 2:00 to 3:00pm
- Thursday 7/4/2024 2:00 to 3:00pm
- Thursday 8/1/2024 2:00 to 3:00pm
- Thursday 9/5/2024 2:00 to 3:00pm
- Thursday 10/3/2024 2:00 to 3:00pm
- Thursday 11/7/2024 2:00 to 3:00pm

Event URL <u>Art and Care Flyer</u> Event Region Harrisonburg/Staunton/Lexington Event Type Class - Workshop Event Cost \$0.00 Event Description

Art and Care is for family caregivers to get together and discuss the challenges and triumphs of caregiving while focusing on a self-care art project. This is also a partnership with VPAS.

This Class occurs on the 1<sup>st</sup> Thursday of the month from 2pm until 3 pm starting in April at the Waynesboro Public Librar

Contact Rachel McDowell for more information at 540-942-6583 or email mcdowellra@ci.waynesboro.va.us

Event Image or Sponsor Logo Image

