F.A.M.I.L.I.E.S.

Age Requirements 18 and over Available 24/7 No Intake Process To determine eligibility or to learn more please call. Intake Contact Telephone (804) 967-2580 **Provider Refer** Yes Self Refer Yes Alzheimer's Association, Greater Richmond Chapter http://www.alz.org/grva/ Main (804) 967-2580 Toll-Free (800) 272-3900 4600 Cox Road, Suite 130 23060 VA **United States** Monday: 8:30 am-4:30 pm Tuesday: 8:30 am-4:30 pm Wednesday: 8:30 am-4:30 pm Thursday: 8:30 am-4:30 pm Friday: 8:30 am-4:30 pm Saturday: Closed Sunday: Closed Fee Structure No Fee Languages Spoken English

The Alzheimer's Association of Greater Richmond offers F.A.M.I.L.I.E.S., Family Access to Memory Impairment and Loss Information, Engagement and Supports, for family caregivers of individuals with Alzheimer's or other types of memory loss. This program provides counseling and support for caregivers over several months. There is no cost to program participants because funding is provided by the Alzheimer's Association and Senior Connections.

Benefits of the program include:

- reduced caregiver stress and depression
- increased family support
- opportunities for respite care for loved ones during caregiver counseling sessions
- and more

Counselors will help with:

- assessing your individual situation and concerns
- developing a care plan that works for you and your family
- discussing coping strategies for stress and changes in personality/behavior
- and more

Service Area(s) Amelia County

Caroline County

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Charles City County

Chesterfield County

Colonial Heights City

Cumberland County

Dinwiddie County

Essex County

Fredericksburg City Gloucester County Goochland County Hanover County Henrico County Hopewell City King William County King and Queen County Lancaster County Mathews County Middlesex County New Kent County Northumberland County Petersburg City Powhatan County Prince George County Richmond City Spotsylvania County Surry County