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## **Bereavement Support Group - Virtual Meeting**

Date and Time Tuesday 7/7/2020 2:00 to 3:30pm Event Region Northern Virginia Event Type Support group RSVP Info I 703-204-4664 Event Cost \$0.00 Event Description

This group is specifically designed for those who have lost a family member to dementia. Insight is partnering with Capital Caring Health to offer this group, facilitated by Mike Ridge, MSW, MCSW, Grief Counselor at Capital Caring Health. Anyone looking for bereavement support is welcome to join. Please RSVP in advance, and you'll receive instructions to join from your computer or phone. CONTACT INFO Markita Brown markita.brown@insightmcc.org or call 703-204-4664