

## **Adult Day Services Center (ADSC)**

Age Requirements

56-60

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60+

Available 24/7

No

Other Eligibility Criteria

Ages 55 and older

Family

No

Intake Process

Call or visit the website for information. Assessment; application

Qualifications

Qualification Type

Licensure

Qualification Entity

Virginia Department of Social Services

Report Problems

Call the Agency

Alexandria Aging and Adult Services Division

<https://www.alexandriava.gov/Aging>

<https://www.alexandriava.gov/dchs/adultservices/default.aspx?id=50400>

<https://www.facebook.com/sharer.php?u=https%3A//www.alexandriava.gov/Aging>

Main

(703) 746-5676

Lee Center

1108 Jefferson Street

22314 VA

United States

Monday: 8:30 am-4:30 pm

Tuesday: 8:30 am-4:30 pm

Wednesday: 8:30 am-4:30 pm

Thursday: 8:30 am-4:30 pm

Friday: 8:30 am-4:30 pm

Saturday: Closed

Sunday: Closed

Fee Structure

Fee Range

Languages Spoken

English

The Adult Day Services Center (ADSC) is a cost-effective nonprofit program designed to offer services to seniors 55 years and older who may need assistance and who may not want or cannot stay at home alone during the day. Despite the individual challenges they face we encourage each person to be as independent as possible. Furthermore, the Center provides caregivers a needed break and the comfort of knowing that their loved one will be spending the day with new friends and activities.

ADSC provides a complete week-day care program for up to 24 elderly persons which includes:

- Physical, social, and mental activities,
- Nutritious meals,
- Caregiver support,
- Medication administration.

Activity staff consists of three full-time staff and one activity director. A registered nurse is available on-site to monitor participants' medical needs. Fees are on a sliding scale based on income. There is usually no waiting list for this program.

Program participants must:

- Be age 55 or over,
- Have a disability that prevents them from remaining alone during the day,
- Be able to use the bathroom with minimal assistance,
- Be able to respond to simple directions,
- Be able to function in a social setting.

Persons with dementia such as Alzheimer's Disease are appropriate for the program if they can interact socially. ADSC staff assesses applicants individually to assure that they can participate successfully in the program.

Service Area(s)

Alexandria City

Email

[DAAS@alexandriava.gov](mailto:DAAS@alexandriava.gov)