

Published on *SeniorNavigator* (<https://seniornavigator.org>)

## Grandparents Raising Grandchildren-Factsheets to Help You

Helping seniors as caregivers maintain a productive life.

The University of Georgia's Family and Consumer Sciences (FACS) Extension provides educational resources to help seniors and their caregivers understand the changes of aging and plan for maintaining wellness and providing caregiving as needed.

Seniors (generally defined as persons age 65 and older) are the fastest-growing age group in Georgia, the US and the world. These changes have tremendous implications for senior caregiving by families and communities, as well as for comfortable housing options, financial security, and wellness.

- [Moving Your Grandchild Into Your Home](#)
- [Helping Grandchildren Stay in Contact with Parents](#)
- [Caring for Yourself](#)
- [Helping Your Grandchild Deal with the Death of a Parent](#)
- [What You Need to Know about Abuse and Neglect](#)
- [Accessing Resources in Your Community](#)
- [Legal Issues in Caring for Your Grandchildren](#)
- [Caring for Infants and Toddlers](#)
- [The Teenage Years](#)
- [Helping Your Preschooler Be Ready for School](#)
- [Helping Your Grandchildren Succeed in School](#)
- [Fun Learning Activities for You and Your Grandchildren](#)
- [Child Care Concerns](#)
- [Disciplining Your Grandchild](#)

Article Source

University of Georgia, Cooperative Extension

Source URL

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Last Reviewed

Tuesday, January 24, 2023