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## **My HealtheVet**

My HealtheVet is the VA's Personal Health Record. It was designed for Veterans, active duty Servicemembers, their dependents and caregivers. My HealtheVet helps you partner with your health care team. It provides you with opportunities and tools to make informed decisions.

All users who have a My HealtheVet account are able to view their self-entered information. If you are a Veteran enrolled at a VA facility, you may be able to view:

- Information you self-entered into My HealtheVet
- Parts of your official VA health record (as it becomes available)
- Your Department of Defense (DoD) Military Service Information

In the past year, more features have been added that allow you to view VA appointments and check lab results. The most popular feature is still online prescription refills. You can also view your prescription history. If you have an upgraded account, you may also send a non-urgent Secure Message to participating members of your VA health care team. Secure Messaging is safe and secure, because the messages you send and receive are all kept within My HealtheVet.

Additionally, all your information comes together at the touch of the Blue Button. Using the Blue Button is a simple way to collect all this data into a single file that you can save, store and share as you like. Because this data has so much personal information in it, the VA will remind you often to protect and safeguard it. You can choose a date range of a few months, years, or everything that is available.

Use My HealtheVet and become an active partner in your health care. Remember, by working with your health care team and knowing your health conditions, you can learn to make healthy choices and better manage your health. Take time to explore [My HealtheVet](#) and consider registering.

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